



#### ADMISSION REQUIREMENTS AND APPOINTMENT SCHEDULING

1. Medical order with information about the test to be performed.
2. Authorization from the insurance company.
3. Identification document and insurance card (if applicable).
4. If the patient is (think is) pregnant, inform immediately the radiology personnel.

#### EXAM DURATION:

Approximately 1 hour.

#### If the colonoscopy is in the morning (7 am – 12 m)

##### ONE DAY BEFORE THE TEST:

1. At 5 pm starts the preparation with TRAVAD ORAL: dissolve the Travad flask in a liter of cold water. Start taking a glass every 15 minutes until the preparation is finished.
2. At 8 pm dilute a second flask of TRAVAD ORAL, dissolve the Travad bottle in one liter cold water. Start taking a glass every 15 minutes until the preparation is finished.
3. During preparation drink plenty of clear fluids to avoid dehydration and help cleanse the colon (do not consume liquids like blackberry juice, soft drinks, Gatorade).
4. If the patient vomits during the preparation, the preparation should be repeated.
5. Eat only gelatin in the evening.

##### ON EXAM DAY:

1. At 5 am dissolve a third flask of Travad ORAL in one liter of water or lemonade. Start taking a glass every 15 minutes until the preparation is finished.
2. Do not eat any solid food on test day.
3. Assist with a companion.
4. Do not suspend any medicine.
5. Attend wearing a two-piece dress.
6. Consume a light diet after the test.

#### If the colonoscopy is in the afternoon (1-7 pm)

##### ONE DAY BEFORE THE TEST:

1. Regular breakfast and lunch.
2. At night eat pasta soup or liquefied potato.

##### ON EXAM DAY:

1. At 5 am starts the preparation with TRAVAD ORAL: dissolve the Travad flask in a liter of cold water. Start taking a glass every 15 minutes until the preparation is finished.
2. At 9 am dilute a second flask of TRAVAD ORAL, dissolve the Travad bottle in one liter cold water. Start taking a glass every 15 minutes until the preparation is finished.
3. During preparation drink plenty of clear fluids to avoid dehydration and help cleanse the colon (do not consume liquids like blackberry juice, soft drinks, Gatorade).
4. If the patient vomits during the preparation, the preparation should be repeated.
5. Assist with an adult, responsible companion.
6. Consume a light diet after the test.
7. Do not bring jewelry, money or valuables. CediMed is not responsible for any loss or theft of your belongings.

##### AFTERCARE:

1. Drink plenty of fluids.
2. Do not drink alcohol, foods high in fiber, dairy foods or soft drinks on test day and the day after.
3. If you have abdominal pain and you are not allergic to BUSCOPAN Compositum, take a tablet. If the pain persists, consult your doctor or go to the nearest health care center.