



## PREPARATION REQUIREMENTS URINE SAMPLE - CHILDREN



### DOCUMENTS TO BRING ON TEST DAY

- Identification document.
- Insurance card (if applicable).
- Medical order with information about the test to be performed.
- Authorization from the insurance company (if applicable).

### GENERAL INSTRUCTIONS

- Previously clean the genital area. You need to have in hand the following elements: soap, water, a clean towel and the sample container (supplied by the laboratory).
- Initially you should wash your hands, then perform the cleaning of genital area using a gauze pad soaked in water and soap; then remove excess soap with abundant water, ensuring the removal of any traces of cream previously applied.
- If it is baby, proceed to position the urine collection bag, peeling off the adhesive cover first. If it's a girl, you must open the labia majora to attach the bag; for a boy, introduce the penis in the bag. In both cases, being careful not to touch the inside of the bag or the genitals with your fingers.
- While the baby urinates, he/she should be sitting or lying down, to prevent the bag is removed or contaminated.
- After collecting the sample, the bag must be removed carefully to avoid contamination, folding it immediately on the adhesive side to close it.
- If the child controls urination, proceed to use the container, inviting the child to urinate into it, discarding the first portion of urine and collecting the second portion directly into the container.
- Cover the bottle properly, mark it with full name and deliver the sample to the laboratory within two hours (after collection).
- If you can't meet this time, refrigerate the sample as it heads to the lab.