



## PREPARATION REQUIREMENTS STOOL SAMPLE



### DOCUMENTS TO BRING ON TEST DAY

- Identification document.
- Insurance card (if applicable).
- Medical order with information about the test to be performed.
- Authorization from the insurance company (if applicable).

### GENERAL INSTRUCTIONS

- Use a clean vessel with a wide-mouth and screw cap, ideally supplied by the laboratory.
- Do not take laxatives, antidiarrheal, purgatives or antibiotics, or mineral oil.
- Collect the stool with the palette included in the container, take an amount equivalent to the size of a bean, place it in the container and return it to the lab.
- Collect the softer portion and with mucus (if present). Seal the container and mark it with full name.
- For fecal occult blood, avoid ingestion of red meat, cold meats or ferrous sulfate for three days prior to sample collection, .
- Avoid the contamination of the stool sample with urine, water or other substances.
- In infants, the sample can be collected directly from the diaper, as long as it has been previously turned upside down, in order to prevent the fabric of the diaper from absorbing the sample, and ensuring the stool have been newly issued.
- Cover the bottle properly and deliver the sample to the laboratory within two hours (after collection).