



## PREPARATION REQUIREMENTS STEREOTACTIC BREAST BIOPSY



### ADMISSION REQUIREMENTS AND APPOINTMENT SCHEDULING

1. Medical order with information about the test to be performed.
2. Authorization from the insurance company.
3. Authorization for the study of the samples produced during the biopsy (pathology).
4. Identification document and insurance card (if applicable).
5. If you take the anticoagulant warfarin, heparin, acetylsalicylic acid or homeopathic medicines, inform the personnel when scheduling the appointment. If suspension is required, request authorization from your physician.
6. Inform the scheduling personnel if you have a history of allergies to medications, food and/or contrast media, as well as if the patient is (think is) pregnant.

### EXAM DURATION:

Approximately one hour

### DAY BEFORE EXAM:

1. Light meal.

### ON EXAM DAY:

1. Wear a two-piece dress (trousers or skirt and blouse)
2. Do not apply powders, creams or deodorants on the breast and axillary region.
3. Bring a responsible, adult companion.
4. Bring related radiological studies for the examination to be performed (mammograms, breast ultrasound and previous biopsies)
5. Arrive 20 minutes before the examination time.
6. Do not bring jewelry, money or valuables. CediMed is not responsible for any loss or theft of your belongings.

### AFTERCARE:

1. Do not make any effort or exercise during exam day.
2. Monitor presence of hematoma and bleeding.
3. Place ice at the site of the puncture.
4. In case of pain in the puncture site, analgesic can be ingested, but not acetylsalicylic acid - ASA (aspirin) derivatives.