



PREPARATION REQUIREMENTS PROSTATE BIOPSY



ADMISSION REQUIREMENTS AND APPOINTMENT SCHEDULING

1. Medical order with information about the test to be performed.
2. Authorization from the insurance company.
3. Authorization for the study of the samples produced during the biopsy (pathology).
4. Identification document and insurance card (if applicable).
5. If you take the anticoagulant warfarin, heparin, acetylsalicylic acid or homeopathic medicines, inform the personnel when scheduling the appointment. If suspension is required, request authorization from your physician.
6. Inform the scheduling personnel if you have a history of allergies to medications, food and/or contrast media.
7. Bring the results of the Prostate-Specific Antigen (PSA), PT, PTT and platelet count (not exceeding one month), to be reviewed by the radiologist and program the test.

EXAM DURATION:

Approximately two hours

DAY BEFORE EXAM:

1. Take a tablet of Cipro or ciprofloxacin 500 mg (antibiotic) at 7 pm and in the morning before attending the exam. Continue every 12 hours for three days. (8 Tablets)
2. Buy a rectal enema Travad of 133 cc. which should be applied rectally two hours before the study following the directions on the back.

ON EXAM DAY:

1. 4-hour fast (minimum).
2. Arrive 1 hour before the examination time for the necessary preparations.
3. If you take control medicines, take them with little water. DO NOT SUSPEND.
4. Bring a responsible, adult companion.
5. Bring the results of the Prostate-Specific Antigen (PSA), PT, PTT and platelet count (not exceeding one month).
6. Apply the rectal enema Travad of 133 cc. following the directions on the back.
7. Bring related radiological studies for the examination to be performed
8. Do not bring jewelry, money or valuables. CediMed is not responsible for any loss or theft of your belongings.

AFTERCARE:

1. Do not make any effort or exercise during exam day.
2. Eat light foods after the procedure: soup, juice and do not drink milk.
3. Continue with your usual medication, unless the doctor doing the procedure indicated any special order. Restart taking acetylsalicylic acid - ASA (aspirin) or anticoagulants (Warfarin, Coumadin) the day after the test.
4. Little bleeding can appear up to three days in urine, faeces or ejaculation; if the bleeding is heavy, go to the nearest health care center.
5. In case of pain, analgesic such as acetaminophen can be ingested, but not acetylsalicylic acid - ASA (aspirin) derivatives.