



## PREPARATION REQUIREMENTS DEGLUTITION STUDY



### ADMISSION REQUIREMENTS AND APPOINTMENT SCHEDULING

1. Medical order with information about the test to be performed.
2. Authorization from the insurance company.
3. Identification document and insurance card (if applicable).
4. If the patient is (think is) pregnant, inform immediately the radiology personnel.
5. During the last eight (8) days you should NOT have had any studies performed using barium as a contrast medium.
6. The companion or the head of the nursing department must inform the patient the special care required such as insulation, oxygen requirement or any special care.

### EXAM DURATION:

Approximately 30 minutes.

### ONE DAY BEFORE THE TEST:

The professional who performs the test shall contact with the patient, family member, or the head of nursing department (in case of hospitalization) to review the medical history of the patient, the indication for the test, and communicate the adequate preparation considering fasting and the food to bring for the exam.

### ON EXAM DAY:

1. Arrive 30 minutes before the examination time, considering the recommended fasting.
2. If patient under 10 years, bring two (non-pregnant) companions.
3. If the patient arrives in ambulance, the medical and paramedical staff should remain in CediMed during the evaluation to assist the patient in the case of any eventuality.
4. Bring previous radiological studies related with deglutition problems (You will be informed which studies are necessary).
5. Bring the specialist recommended food as well as the utensils for feeding the patient (babies or disabled patients).
6. Do not bring jewelry, money or valuables. CediMed is not responsible for any loss or theft of your belongings.

### AFTERCARE:

1. If the ingestion was complete, do not feed the patient immediately. Wait at least two hours or until the patient indicates appetite again.
2. Follow the advice given by the specialist in terms of dietary changes, food consistencies and compensatory strategies to improve skills during feeding.