



## PREPARATION REQUIREMENTS CHILDREN (AGES 5-12 YEAR) BARIUM ENEMA



### ADMISSION REQUIREMENTS AND APPOINTMENT SCHEDULING

1. Medical order with information about the test to be performed.
2. Authorization from the insurance company.
3. Identification document and insurance card (if applicable).
4. During the last eight (8) days you should NOT have had any studies performed using barium as a contrast medium.

### EXAM DURATION:

Approximately 1 hour.

### TWO DAYS BEFORE THE TEST:

1. Bland diet: crackers, pasta soup, rice soup, gelatin, all kinds of juices (no milk), ground beef.
2. Do not consume dairy like yogurt, cheese, among others.
3. Take two tablespoons of milk of magnesia with each meal.

### ONE DAY BEFORE THE TEST:

1. The same diet.
2. At 2 pm take a quarter (1/4) of the bottle of Citromel following the instructions.
3. Take a quarter (1/4) of the bottle of Citromel an hour after dinner (7-8 pm).
4. Take plenty of fluids.

### ON EXAM DAY:

1. Have a light breakfast (crackers).
2. Bring a companion.
3. Bring related previous radiological studies.
4. Do not bring jewelry, money or valuables. CediMed is not responsible for any loss or theft of your belongings.

Note: If the patient has a colostomy and the distal segment is working or continues with rectal excretion, consume a bland diet the day before.

### NO PREPARATION REQUIRED:

1. Children under 10 years with a diagnosis of constipation.
2. Children under 5 years, except where polyps or rectal bleeding suspected.