



PREPARATION REQUIREMENTS MYOCARDIAL PERFUSION WITH ISONITRILES AT REST AND AT STRESS



INDICATIONS

Discard pulmonary embolism (PE).

ADMISSION REQUIREMENTS AND APPOINTMENT SCHEDULING

1. Medical order with information about the test to be performed.
2. Authorization from the insurance company.
3. Identification document and insurance card (if applicable).
4. Previous cardiology studies.
5. If the patient is (think is) pregnant, inform immediately the nuclear medicine personnel.
6. Stop taking beta blockers 48 hours before testing. They are drugs under the following names:
 - Atenolol, Tenormin, Tenoretic, Deluxe, Blokium.
 - Metoprolol Lopressor, Betaloc, Roxicet.
 - Nadolol Corgard, Corgaretic.
 - Propranolol, Artensol, Drugnolol, Propamox, Inderal.
 - Bisoprolol, Ziac, Dilatren.

EXAM DURATION:

Approximately 3 hours each day on two consecutive days.

ONE DAY BEFORE THE TEST:

Stop drinking alcohol and dark beverages such as chocolate, Coke, tea, coffee and malt 24 hours before the test.

ON EXAM DAY:

1. Bring a companion.
2. 4-hour fast. If you are diabetic eat as usual and take insulin if required.
3. Do not smoke 4 hours before the test.
4. Take drugs to control diseases such as hypertension with little water if they are not on the list provided above.
5. Bring a report of the medicines taken during the last month.
6. Come in comfortable clothes.
7. A companion may not be necessary for the resting phase depending on your health state.
8. Do not bring jewelry, money or valuables. CediMed is not responsible for any loss or theft of your belongings.