



## PREPARATION REQUIREMENTS MYELO-CT SCAN - CISTERN CT SCAN OR MYELOGRAPHY



### ADMISSION REQUIREMENTS AND APPOINTMENT SCHEDULING

1. Medical order with information about the test to be performed.
2. Authorization from the insurance company.
3. Identification document and insurance card (if applicable).
4. If you take anticoagulants like warfarin, heparin or acetylsalicylic acid, inform the personnel when scheduling the appointment.
5. Inform the scheduling personnel if you have a history of allergies to medications, food and/or contrast media, as well as if the patient is (think is) pregnant.
6. Inform the scheduling personnel the results of the creatinine test (not exceeding one month). The results must be within the reference levels.

### EXAM DURATION:

Approximately 1 hour.

### ONE DAY BEFORE THE TEST:

1. You must increase your fluid intake, if there are no contraindications to kidney failure.

### ON EXAM DAY:

1. Arrive 1 hour before the examination time.
2. 6-hour fast minimum.
3. If you take drugs to control diseases such as hypertension and / or diabetes, take them with little water. DO NOT SUSPEND.
4. Bring a responsible, adult companion.
5. Bring related radiological studies for the examination to be performed.
6. Bring the results of the creatinine test.
7. Do not bring jewelry, money or valuables. CediMed is not responsible for any loss or theft of your belongings.

### AFTERCARE:

1. Stay 4-6 hours on bed rest in the recovery area.
2. Go home by car, lying with a companion. Stay lying during the following 48 hours, keeping the head higher than the feet.
3. Take plenty of fluids, if there are no contraindications to kidney failure.
4. If headache or pain in the puncture site consult your physician.