



PREPARATION REQUIREMENTS I-131 WHOLE BODY SCAN



INDICATIONS:

- Assess postoperative residual or recurrent thyroid cancer (wait 30 days after surgery).
- Discard metastatic thyroid cancer.

ADMISSION REQUIREMENTS AND APPOINTMENT SCHEDULING

1. Medical order with information about the test to be performed.
2. Authorization from the insurance company.
3. Identification document and insurance card (if applicable).
4. If the patient is (think is) pregnant, inform immediately the radiology personnel.
5. Bring the results of pregnancy test, TSH, thyroglobulin, and Antithyroglobulin antibodies (not exceeding one month).
6. Suspend the intake of thyroid hormone as follows: Eutirox, Eltroxin, Levothyroxine, 30 days before the realization of the laboratory tests.

EXAM DURATION:

Approximately 40 minutes.

ON EXAM DAY:

1. One hour before and one hour after the ingestion of the radioactive isotope, do not consume food.
2. Return 48 hours after the ingestion of the radioactive isotope for the procedure.
3. Bring related previous radiology studies and laboratory tests available.
4. Do not bring jewelry, money or valuables. CediMed is not responsible for any loss or theft of your belongings.

AFTERCARE:

1. Not being in contact with pregnant women or children for 3 days.
2. Do not share a room or a bed with anyone for three days.
3. Do not collect urine in any container, and after using the toilet wash your hands with soap and water and empty the toilet three times.
4. Separate silverware and dishes and wash them with soap and water, use disposable utensils if preferred.
5. Do not prepare food for other people for 3 days.