



PREPARATION REQUIREMENTS EXCRETORY UROGRAPHY FOR PATIENTS AGED OVER 12 YEARS OLD.



ADMISSION REQUIREMENTS AND APPOINTMENT SCHEDULING

1. Medical order with information about the test to be performed.
2. Authorization from the insurance company.
3. Identification document and insurance card (if applicable).
4. Inform the scheduling personnel if you have a history of allergies to medications, food and/or contrast media, as well as if the patient is (think is) pregnant.
5. During the last eight (8) days you should NOT have had any studies performed using barium as a contrast medium.
6. Inform the scheduling personnel the results of the creatinine test (not exceeding one month). Values should be within the reference levels.

EXAM DURATION:

Approximately 1 hour.

TWO DAYS BEFORE THE EXAM:

1. Bland diet: coffee (without milk), crackers, gelatin, pasta soup, rice soup, broth, ground beef and fish.
2. Take two tablespoons of milk of magnesia with each meal.
3. Do not consume milk or dairies like yogurt or cheese.
4. Do not smoke.

ONE DAY BEFORE THE EXAM:

1. Liquid diet: coffee (without milk), dark chocolate, soups, gelatin, all kinds of juices without milk.
2. Do not consume yogurt, milk or dairies.
3. Do not smoke.
4. At 2 pm take half a bottle of citromel.
5. One hour after dinner take half a bottle of citromel (7-8 pm).

ON EXAM DAY:

1. Arrive 20 minutes before the exam time.
2. 6-hour fast minimum.
3. If you take control medicines for hypertension and/or diabetes, take them with little water. DO NOT SUSPEND.
4. Bring a responsible, adult companion.
5. Bring related radiological studies.
6. Bring the results of the creatinine test (not exceeding one month). Values should be within the reference levels.
7. Do not bring jewelry, money or valuables. CediMed is not responsible for any loss or theft of your belongings.

AFTERCARE:

1. Consume plenty of liquids to eliminate the contrast medium, if there is no medical contraindication.

NOTE: Urgent patients must take a bottle of oral Travad five hours before the test, having fasted 6 hours and with creatinine test not exceeding one month and values within the reference levels.